

Section: Division of Nursing  
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\* PROCEDURE \*  
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Issue Date: July 16, 1990  
Revised Date: May 2008  
Revised Date: January 2010

HACKETTSTOWN REGIONAL MEDICAL CENTER

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**MATERNAL SERVICES**  
(Scope)

**TITLE: CARING FOR UNDELIVERED PATIENT ON OUTPATIENT BASIS**

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<b>PURPOSE:</b>	To outline procedure to assess OB outpatients at any time during the pregnancy (observe for indications of labor or any other condition per provider)..	
<b>SUPPORTIVE DATA:</b>	To ascertain, by obtaining a fetal monitor strip via QS system, whether or not the fetus' status is reassuring.	
<b>EQUIPMENT:</b>	1. Outpatient chart 2. Necessary equipment in labor room	
<b>CONTENT:</b>	<b>PROCEDURE STEPS:</b>	<b>KEY POINTS:</b>
	1. Provider will call to tell nurse that patient will be coming for assessment and give reason.. She/He will either request nurse to examine the patient or say she/he is coming in to examine the patient herself/himself.	Notify Admission Office of patient's name and physician.
	2. When patient arrives, introduce yourself and take patient to labor room.	
	3. Obtain urine specimen if possible.	Enter u/a order in Affinity system, send urine to Laboratory for urine analysis.
	4. Have patient undress and put on hospital gown, may leave on socks and get into bed.	
	5. Patient will be admitted into QS system thru Cerner-QS interface by admitting.	
	6. Cover her with bath blanket or sheet and make her comfortable.	Put both side rails up on labor bed and elevate head of bed.
	7. Ascertain when labor started or if membranes ruptured. Ask about allergies and past medical history.	Try to put patient at ease.
	8. Take fetal heart and vital signs.	Use fetal monitor and explain procedure to patient.
	9. If provider is available, she/ he will do vaginal exam; otherwise, nurse will do vaginal exam, first checking for ruptured membranes with amniostix as appropriate. If mid-wife patient, only check for ROM, no vaginal exam.	Use sterile glove Do not perform SVE if membranes are ruptured. (unless ordered by provider)

10. Report findings to provider.
11. If patient is not to be admitted, have her get dressed.
12. Discuss briefly when patient should contact her provider and relay any instructions the provider may have given for the patient. Answer any questions patient may have concerning labor. Provider may speak with patient on phone.
13. Complete chart QS system. Print computer notes after discharge and include in chart.
14. Discharge patient.
15. Patient may be observed on outpatient basis. When the patient is discharged, complete Undelivered OB Patient Teaching Form. Give the patient a copy of the Undelivered Outpatient form and attach original to the chart.
16. Transfer patient name back to “**Undelivered Hold**” in QS system.
17. Complete Charge Form for any items used or procedure performed (ie NST).